

People caring for people



Adult Inpatient & Outpatient Services



ALBERT ROAD
CLINIC

INTRODUCTION

Albert Road Clinic is an 80 bed private psychiatric facility and is a member of Ramsay Health Care, Australia's largest private hospital operator. The Clinic is a specialist facility committed to excellent inpatient and outpatient psychiatric care which is evidenced by accreditation by the Australian Council on Healthcare Standards.

ADULT INPATIENT SERVICES

Ellard Inpatient Unit

The Ellard Unit is a comfortable 38 bed facility designed to accommodate adult patients requiring acute psychiatric intervention. The Ellard Unit provides access to progressive and holistic treatment regimes, which combine medication, individual counselling and psychotherapy, comprehensive group programs and activities to ensure the best outcome for each patient. The Unit is staffed by highly professional and compassionate practitioners including psychological, nursing, allied health, consultant psychiatrists and general medical staff.

The Unit environment is one of support and guidance, with patient independence encouraged appropriate to their level of need and state of health.

Intensive Care Unit

This is a four bed high dependency unit which provides a short term intensive therapeutic environment to meet patient needs. There is one staff member for every two patients with intensive individual one to one therapy provided.

Electroconvulsive Therapy (ECT) Unit

The ECT Unit provides electroconvulsive therapy (ECT) for the Clinic. Patients are referred to this service by the patient's treating psychiatrist when ECT is considered appropriate therapy.

The Unit offers modern ECT treatment techniques to minimise adverse events. It is also the centre for the Australian Postgraduate Medicine ECT Training Course.

ADULT OUTPATIENT SERVICES

Adult Outpatient Program

The Adult Outpatient Program (AOP) provides day hospital treatment primarily in the form of skills training sessions, group therapy and individual review sessions. The programs are generally conducted over 2 days per week. The aim of the Adult Outpatient Program is to identify factors that may be maintaining problems and to help find ways of dealing more effectively with problems.

Addiction Day Program

This program offers education, therapy and support with the focus being to stop alcohol and other drug dependence and abuse using an integrated model.

Outreach Program

The primary goal of the Outreach Program is to facilitate maximum recovery, via ongoing treatment, support and individual rehabilitation, which is provided in a home environment. This can help patients in their transition back home from hospital. It may also reduce the need for hospital care.

The team includes experienced clinicians comprising of registered nurses, psychologists and allied health professionals. The program operates Monday to Friday 9am to 5pm.

PROFESSORIAL PSYCHIATRY UNIT

The Professorial Psychiatry Unit (University of Melbourne Chair of Psychiatry) at Albert Road Clinic has developed since April 1996. The unit is active in teaching and research. It also adds to clinical services within the hospital, with consultants providing assessment, treatment and second opinion services.

General Practice Assessment Service

This Albert Road Clinic initiative by the Professorial Psychiatry Unit is to assist general practitioners in their management of patients with psychiatric problems in the community. Patients are assessed by the Senior Registrar at the Clinic. Patients can usually be seen within one week with prompt feedback to the General Practitioner to assist in the patient's treatment.

PRIVATE PSYCHIATRISTS

Albert Road Clinic accommodates 40 psychiatrists in private practice with skills covering the whole life cycle from Parent Infant Psychiatry through to Psychogeriatric Psychiatry.

REFERRALS

All referrals (unless otherwise specified) are made via the Intake Department during business hours. The Intake Manager will provide information as to the availability of credentialed psychiatrists to Albert Road Clinic and services available at the Clinic

Intake Manager: 9256 8322

Intake Fax No: 9256 8361

Email: arcintake@ramsayhealth.com.au

After hours the Clinic Coordinator may be able to assist with urgent referrals on phone 9265 8311



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